Teresa von Sommaruga Howard



Teresa was born in the UK during World War Two, the daughter of at least two cultures. At the age of five she immigrated to New Zealand with her family where she grew up and was educated. These multiple backgrounds have given Teresa a unique possibility of seeing the world in many ways.

She is now based in the UK and works in a number of countries throughout the world where she uses her skills as an architect, systemic family therapist and group-analyst, specializing in median and large groups in a variety of settings.

She has written and published a number of papers and book chapters and is an Honorary Member of the Institute of Group Analysis (IGA London), Fellow of the International Association for Group Psychotherapy and Group Processes (IAGP) as well as being a past treasurer and co-editor of their yearbook, Forum.

She has recently developed a two-year residential development programme of residential connected workshops: *Creating Large Group Dialogue in Organisations and Society*, which began in January 2019 at Roffey Park Institute near Gatwick Airport under the joint auspices of the Group Analytic Society International (GASI) and the IGA. Anybody is welcome to join at any time. Check it out on: https://www.groupanalysis.org/Training/IGAAccreditedCourses.aspx